

SPA MENU

Booking treatments
+370 319 62030 // info@royal-spa.lt

Classic body massages	Duration	Price €
Classic full body massage	60 min.	45 €
Classic partial massage* (arms/legs/shoulders)	30 min.	25 €
Classic back massage	30 min.	30 €

Special full body massages	Duration	Price €
Toning body massage	60 min.	45 €
Lymphatic body massage	60 min.	45 €
Individually selected body massage	60 min.	45 €
Relaxing body massage	60 min.	45 €
Relaxing back massage	30 min.	25 €
Anti-cellulite massage for problem areas	60 min.	45 €
Hot Stone massage	60 min.	50 €

Facial massages and treatments	Duration	Price €
Tempo facial	30 min.	25 €
Classic facial massage	45 min.	30 €
ChiroMassage	60 min.	45 €
Kobido massage	60 min.	55 €
Under-eye treatment	30 min.	25 €
Clogged skin treatment	60 min.	45 €
Facial for thin, sensitive skin	60 min.	45 €
Facial for red (irritated skin with broken capillaries)	60 min.	45 €
Facial for bloated, grey skin	60 min.	45 €
Facial for mature skin	60 min.	45 €

Hand and foot therapy	Duration	Price €
Hand therapy with paraffin wax bath	30 min.	18 €
Dry foot therapy with paraffin wax bath	30 min.	18 €
Moisturising Cocoon Glove (for hands)	30 min.	15 €

Therapy based on Eastern philosophy	Duration	Price €
Shiatsu face, head and shoulder massage	30 min.	28 €
Shiatsu foot and hand massage	30 min.	22 €
Shiatsu body massage	60 min.	55 €
Shiatsu body massage	90 min.	70 €
Ayurvedic Mardana	30 min.	28 €
Ayurvedic massage	60 min.	55 €
Ayurvedic massage – Marma therapy	90 min.	70 €

Body scrubs (20 min. scrub + 10 min. shower)	Duration	Price €
Relaxing body scrub	30 min.	25 €
Energising body scrub	30 min.	25 €
Draining body scrub	30 min.	25 €
Detox body scrub	30 min.	25 €
Hammam body scrub	30 min.	30 €

Wraps	Duration	Price €
Partial body application (back/arms/legs) with sapropel	20 min.	10 €
Body wrap with sapropel	30 min.	20 €
Algae wrap	30 min.	25 €
Detox wrap	30 min.	25 €

Balneotherapy	Duration	Price €
Whirlpool	20 min.	10 €
Mineral bath	20 min.	10 €
Draining bath	20 min.	15 €
Calming bath	20 min.	15 €
Energising bath	20 min.	15 €
Underwater massage	20 min.	15 €

Royal Spa signature massages	Duration	Price €
Get Your Energy Back (with Gediminas, who won third place at the Lithuanian Spa Massage Championship)	60 min.	55 €
Elements massage in the salt room	45 min.	65 €
Royal Ritual (back + face)	90 min.	80 €
Royal Full Body Massage	60 min.	55 €

Day beauty therapy	Duration	Price €
For WOMEN: body moisturising. Relaxing body scrub – 30 min. Mineral bath – 20 min. Body wrap – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	110 min.	50 €
For WOMEN: body energising. Detox body scrub – 30 min. Energising bath – 20 min. Body wrap – 30 min. Relaxing full body massage – 60 min. Break in the Relaxation Room with Kneipp herbal tea – 20 min.	160 min.	80 €
For MEN: body energising. Detox body scrub – 30 min. Energising bath – 20 min. Body wrap – 30 min. Sports body massage – 60 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	160 min.	80 €
For MEN: body moisturising. Relaxing body scrub – 30 min. Mineral bath – 20 min. Body wrap – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	110 min.	50 €
RELAX: Relaxation therapy. Relaxing body scrub – 30 min. Calming bath – 20 min. Relaxing back massage – 30 min. Shiatsu face, head and shoulder massage – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	130 min.	80 €

Wellness and physiotherapy	Duration	Price €
Doctor consultation	15 min.	12 €
Inhalation	20 min.	5 €
Phonophoresis (ultrasound to enhance the delivery of topically applied drugs)	10 min.	6 €
TENS therapy (muscle stimulation/relaxation)	10 min.	6 €
Bemmer therapy (magnetic field)	20 min.	7 €
Lymphatic compression therapy	20 min.	15 €
Halotherapy (salt room)	30 min.	6 €

Sebastian Kneipp therapy	Duration	Price €
Lecture on the philosophy of Sebastian Kneipp	30 min.	5 €
Relaxing Sebastian Kneipp bath	20 min.	10 €
Arnica joint and muscle soak	20 min.	10 €
Bath for children (with Sebastian Kneipp sparkling bath tablet)	15 min.	9 €
Cold wrap (intense 10 min. massage + 15 min. wrap)	30 min.	25 €
Hot wrap (intense 15 min. massage + 15 min. wrap)	30 min.	25 €
BIO 7 facial	60 min.	50 €
Relaxing leg massage with arnica	30 min.	25 €
Foot massage with Sebastian Kneipp herbal butter	30 min.	20 €
Nemunas Wave	60 min.	8 €
Rasa	45 min.	6 €

Motion therapy	Duration	Price €
Sivananda yoga	60 min.	6 €
Meditation (by candlelight) + yoga	60 min.	8 €
Evening: Yin yoga	60 min.	6 €
Nordic walking	60 min.	8 €
Salty Yoga (in the salt room)	30 min.	18 €
Wake Up: exercise in the pool	30 min.	10 €
Vivacity: exercise in the exercise room	30 min.	6 €
Abs workout	30 min.	6 €
Healthy back workout	30 min.	6 €

SPA for kids	Duration	Price €
Bathing in Chocolate (bath)	20 min.	10 €
Forest Fairy Tale (bath)	20 min.	10 €
Back massage	20 min.	20 €
Body massage	40 min.	30 €

Rituals for two	Duration	Price €
Meraba Hammam ritual for two (body scrub, foam massage, massaging in oil)	60 min.	1person/ 42€ 2persons/ 72€
Royal Respite (body scrub, Royal Full Body Massage, facial mask)	90 min.	1person/ 70€ 2persons/ 130€
Elements (massage in the salt room)	60 min.	1person/ 65€ 2persons/ 110€
Beauty Ritual for Two (body scrub – 30 min., relaxing back massage – 30 min., Tempo facial – 30 min.).	90 min.	1person/ 65€ 2persons/ 120€

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Laukiame Jūsų atvykstant!

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