

BODY PROCEDURES

Booking treatments
+370 319 62030 // info@royal-spa.lt

Classic body massages	Duration	Price €
Classic full body massage	60 min.	45 €
Classic partial massage* (arms/legs/shoulders)	30 min.	25 €
Classic back massage	30 min.	30 €

Special full body massages	Duration	Price €
Toning body massage	60 min.	45 €
Lymphatic body massage	60 min.	45 €
Individually selected body massage	60 min.	45 €
Relaxing body massage	60 min.	45 €
Relaxing back massage	30 min.	25 €
Anti-cellulite massage for problem areas	60 min.	45 €
Hot Stone massage	60 min.	50 €

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Hand and foot therapy	Duration	Price €
Hand therapy with paraffin wax bath	30 min.	18 €
Dry foot therapy with paraffin wax bath	30 min.	18 €
Moisturising Cocoon Glove (for hands)	30 min.	15 €

Therapy based on Eastern philosophy	Duration	Price €
Shiatsu face, head and shoulder massage	30 min.	28 €
Shiatsu foot and hand massage	30 min.	22 €
Shiatsu body massage	60 min.	55 €
Shiatsu body massage	90 min.	70 €
Ayurvedic Mardana	30 min.	28 €
Ayurvedic massage	60 min.	55 €
Ayurvedic massage – Marma therapy	90 min.	70 €

Body scrubs (20 min. scrub + 10 min. shower)	Duration	Price €
Relaxing body scrub	30 min.	25 €
Energising body scrub	30 min.	25 €
Draining body scrub	30 min.	25 €
Detox body scrub	30 min.	25 €
Hammam body scrub	30 min.	30 €

Wraps	Duration	Price €
Partial body application (back/arms/legs) with sapropel	20 min.	10 €
Body wrap with sapropel	30 min.	20 €
Algae wrap	30 min.	25 €
Detox wrap	30 min.	25 €

Balneotherapy	Duration	Price €
Whirlpool	20 min.	10 €
Mineral bath	20 min.	10 €
Draining bath	20 min.	15 €
Calming bath	20 min.	15 €
Energising bath	20 min.	15 €
Underwater massage	20 min.	15 €

Royal Spa signature massages	Duration	Price €
Get Your Energy Back (with Gediminas, who won third place at the Lithuanian Spa Massage Championship)	60 min.	55 €
Elements massage in the salt room	45 min.	65 €
Royal Ritual (back + face)	90 min.	80 €
Royal Full Body Massage	60 min.	55 €

Motion therapy	Duration	Price €
Sivananda yoga	60 min.	6 €
Meditation (by candlelight) + yoga	60 min.	8 €
Evening: Yin yoga	60 min.	6 €
Nordic walking	60 min.	8 €
Salty Yoga (in the salt room)	30 min.	18 €
Wake Up: exercise in the pool	30 min.	10 €
Vivacity: exercise in the exercise room	30 min.	6 €
Abs workout	30 min.	6 €
Healthy back workout	30 min.	6 €

Day beauty therapy	Duration	Price €
For WOMEN: body moisturising. Relaxing body scrub – 30 min. Mineral bath – 20 min. Body wrap – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	110 min.	50 €
For WOMEN: body energising. Detox body scrub – 30 min. Energising bath – 20 min. Body wrap – 30 min. Relaxing full body massage – 60 min. Break in the Relaxation Room with Kneipp herbal tea – 20 min.	160 min.	80 €
For MEN: body energising. Detox body scrub – 30 min. Energising bath – 20 min. Body wrap – 30 min. Sports body massage – 60 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	160 min.	80 €
For MEN: body moisturising. Relaxing body scrub – 30 min. Mineral bath – 20 min. Body wrap – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	110 min.	50 €
RELAX: Relaxation therapy. Relaxing body scrub – 30 min. Calming bath – 20 min. Relaxing back massage – 30 min. Shiatsu face, head and shoulder massage – 30 min. Break in the Relaxation Room with Sebastian Kneipp herbal tea – 20 min.	130 min.	80 €

SPA for kids	Duration	Price €
Bathing in Chocolate (bath)	20 min.	10 €
Forest Fairy Tale (bath)	20 min.	10 €
Back massage	20 min.	20 €
Body massage	40 min.	30 €

Rituals for two	Duration	Price €
Meraba Hammam ritual for two (body scrub, foam massage, massaging in oil)	60 min.	1person/42€ 2persons/72€
Royal Respite (body scrub, Royal Full Body Massage, facial mask)	90 min.	1person/70€ 2persons/130€
Elements (massage in the salt room)	60 min.	1person/65€ 2persons/110€
Beauty Ritual for Two (body scrub – 30 min., relaxing back massage – 30 min., Tempo facial – 30 min.).	90 min.	1person/65€ 2persons/120€

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Laukiame Jūsų atvykstant!

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