



# ROYAL SPA RESIDENCE ETIQUETTE

We are happy to have you with us and want to make sure that you have a quality experience that meets your expectations.

We invite you to become acquainted with the Royal Spa etiquette.

Please leave your outerwear in the cloakroom or in your hotel room, and use shoe covers for outdoor footwear.

2. We recommend that hotel guests come to the spa in a robe and slippers.

3. The spa is a place for rest and quiet. We therefore ask you to not use mobile phones, to not make noise, and to respect the other guests.

4. We recommend registering for treatments in advance, and arriving 10 minutes early so that you can prepare without having to rush.

5. Please inform the spa receptionist and/or specialist if you have any health issues, if you are pregnant, if you would prefer a male or female therapist, or if you have any other questions.

6. We recommend that you do not eat before coming in for a body massage, and that you do not depilate before getting a body scrub.

7. In the pool and sauna area, we recommend:

- that you do not come intoxicated or after having a large meal;
- that you wear a swimsuit and non-slip shoes (available at the spa reception if necessary), and that long hair be styled appropriately;
- that you take a shower before going into the sauna or swimming pool;
- that you refrain from depilating in the shower;
- that you do not jump or dive into the water;
- that you do not bring food or drinks;
- that children under the age of three wear swim nappies (available at the spa reception if necessary);
- that you do not pour water or anything else on the sauna rocks;
- that you do not use scrubs.

8. We recommend that you wear workout clothes in the gym and exercise areas.

9. After your treatments, we suggest that stay a while and enjoy a cup of Sebastian Kneipp tea.

We value your privacy, comfort and quality service. Your opinion is important to us, so please leave your feedback in the guest book.

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